

# Irish National Cross-county Championships 2016

Hosted by: Cuchulainn Cycling Club

Venue: Bellurgan Park, Co. Louth

Date: Sunday 17 July 2016

Category	Pos.	No	Name	UCI Number	Rider Club	Lap 1	Lap 2	Lap 3	Lap 4	Overall
Senior Men	1	7678	MCKEE, Gareth	IRL19880611	Banbridge CC	18:13	19:23	19:10	18:42	01:15:28
Senior Men	2	7681	CURRY, James	IRL19971230	Banbridge CC	18:13	19:09	19:24	18:46	01:15:32
Senior Men	3	7687	O'SHAUGHNESSY, Ray	IRL19830215	Cuchulainn CC	18:38	20:55	19:42	19:33	01:18:48
Senior Men	4	7683	WATSON, Lindsay	IRL19890425	PLUSHmtb	18:38	20:05	20:22	20:05	01:19:10
Senior Men	5	7693	FEENEY, Sean	IRL19940105	Scott Eurocycles.com	19:24	20:15	20:14	20:43	01:20:36
Senior Men	6	7669	KELLETT, Barry	IRL19800313	Dromara Cycling Club	20:08	20:42	20:50	20:27	01:22:07
Senior Men	7	7677	HEGARTY, Gareth	IRL19970522	Scott Eurocycles.com	19:53	20:27	21:03	20:59	01:22:22
Senior Men	8	7682	FERGUSON, Lewis	IRL19850729	North Down CC	20:06	20:39	21:17	20:29	01:22:31
Senior Men	9	7691	SHERLOCK, Ryan	IRL19820120	Un-Attached Leinster	19:53	20:58	20:49	20:53	01:22:33
Senior Men	10	7679	BOYD, Graham	IRL19890316	Xmtb McConvey Cycles	20:06	20:50	21:07	21:32	01:23:35
Senior Men	11	7676	RYAN, Evan	IRL19790325	Team WORC	20:06	21:55	22:20	22:09	01:26:30
Senior Men	12	7672	BRICKENDEN, Daniel	IRL19960426	EPIC MTB / Expert Cycles	20:25	22:00	21:56	22:58	01:27:19
Senior Men	13	7671	MELIA, Brian	IRL19830716	MTB Assoc of Dublin	21:40	23:07	23:43	24:04	01:32:34
Senior Men	14	7668	QUINN, Anthony	IRL19960821	IMBRC	21:41	23:17	24:55	23:58	01:33:51
Senior Men	15	7675	BROOME, David	IRL19780301	Dromara Cycling Club	22:23	23:53	25:13	23:22	01:34:51
Senior Men	16	7684	O'SHEA, Mark	IRL19840706	Summit Mountain Biking	22:23	23:09	24:48	24:32	01:34:52
Senior Men	17	7680	SMYTH, Graham	IRL19810306	Dromara Cycling Club	25:42	26:08	27:00		-1 lap
Senior Men	18	7685	GORDON, Michael	IRL19910905	Un-Attached Ulster	25:14	28:01	28:17		-1 lap
Senior Men	19	7667	GREER, Adam	IRL19931208	Phoenix CC	25:15	27:24	29:21		-1 lap
Senior Men	DNF	7686	BOADEN, Peter	IRL19830723	Team Giant Dublin	20:23	22:30			
Senior Men	DNF	7689	O'FLYNN, Ronan	IRL19800121	Scott - Orwell Wheelers	22:29				
Senior Men	DNF	7690	COLLINS, Ross	IRL19880127	UCD Cycling Club	28:37				
Senior Men	DNS	7670	MCALINDEN, Brian	IRL19800116	Apollo CC					
Senior Men	DNS	7673	MORROGH, Daniel	IRL19790319	Un-Attached Leinster					
Senior Men	DNS	7688	SMYTH, Robert	IRL19770520	Apollo CC					
Senior Men	DNS	7692	O'NEILL, Seamus	IRL19750203	Carlow RCC					
Senior Men	DNS	7694	MCELWEE, Tomás	IRL19840115	Carn Wheelers					

Category	Pos.	No	Name	UCI Number	Rider Club	Lap 1	Lap 2	Lap 3	Lap 4	Overall
Junior Men	1	7630	CONROY, David	IRL19981003	Scott Eurocycles.com	18:57	19:38	20:17	21:04	01:19:56
Junior Men	2	7637	BRADLEY, Sean	IRL19980912	Carn Wheelers	19:29	21:01	21:02	20:11	01:21:43
Junior Men	3	7633	BULLER, John	IRL19990204	Banbridge CC	18:57	20:39	21:19	20:48	01:21:43
Junior Men	4	7634	QUINN, John	IRL19990622	IMBRC	20:23	21:25	21:44	22:34	01:26:06
Junior Men	5	7635	DAVISON, Peter	IRL19980503	Dromara Cycling Club	20:58	22:58	22:52	23:05	01:29:53
Junior Men	6	7636	BAIRD, Richard	IRL19980726	Banbridge CC	21:40	22:41	22:46	22:58	01:30:05
Junior Men	DNF	7632	WALSH, Jason	IRL19980120	Ballina Cycling Club	32:48	36:38			

Category	Pos.	No	Name	UCI Number	Rider Club	Lap 1	Lap 2	Lap 3	Lap 4	Overall
Senior Women	1	7653	MACMANUS, Ciara	IRL19731227	Summit Mountain Biking	21:51	22:37	22:51	23:25	01:30:44
Senior Women	2	7650	MCCLUSKEY, Beth	IRL19710727	Scott - Orwell Wheelers	22:09	23:06	23:29	23:49	01:32:33
Senior Women	3	7663	SPATH, Melanie	IRL19810616	Un-Attached Ulster	24:35	25:14	25:23	25:37	01:40:49
Senior Women	4	7649	DUFFY, Anne	IRL19640803	Cuchulainn CC	27:30	28:18	28:27	29:11	01:53:26
Senior Women	5	7654	OAKLEY, Claire	IRL19930510	Chain Reaction Cycles	30:35	33:47	33:45		-1 lap
Senior Women	6	7655	CARTHY, Clodagh	IRL19710404	Cuchulainn CC	33:16	33:41	32:52		-1 lap
Senior Women	7	7665	AIKEN, Ruth	IRL19810519	Banbridge CC	33:44	37:57	38:47		-1 lap
Senior Women	8	7657	CONVEY, Emma	IRL19730717	Scott - Orwell Wheelers	34:20	38:07	38:38		-1 lap

Category	Pos.	No	Name	UCI Number	Rider Club	Lap 1	Lap 2	Lap 3	Lap 4	Overall
Masters M30	1	7730	WALLACE, Alfie	IRL19780511	EPIC MTB / Expert Cycles	19:52	21:00	20:29	20:39	01:22:00
Masters M30	2	7750	CALDWELL, Paul	IRL19860101	Team Giant Dublin	19:52	21:00	20:35	20:54	01:22:21
Masters M30	3	7735	DUGGAN, Damien	IRL19780120	Chain Reaction Cycles	20:29	21:08	21:19	21:33	01:24:29
Masters M30	4	7741	RYAN, Gene	IRL19781006	Scott Eurocycles.com	20:26	21:23	21:45	21:54	01:25:28
Masters M30	5	7742	ROBINSON, Geoffrey	IRL19810515	Bray Wheelers	20:50	21:48	21:58	22:22	01:26:58
Masters M30	6	7739	EVANS, Derrick	IRL19770524	South-East Road Club	21:10	21:44	22:24	22:06	01:27:24
Masters M30	7	7734	CAMPBELL, Conor	IRL19780209	Newry Wheelers CC	20:29	21:37	22:52	22:38	01:27:36
Masters M30	8	7749	BOYDELL, Oisín	IRL19790609	Team Giant Dublin	21:06	21:50	22:45	22:59	01:28:40
Masters M30	9	7754	O'SULLIVAN, Ronan	IRL19770404	Team Giant Dublin	21:42	22:30	22:55	22:41	01:29:48
Masters M30	10	7731	MCCARTHY, Brian	IRL19780113	MBCC	21:47	23:08	23:38	23:51	01:32:24
Masters M30	11	7756	SCULLION, Sean	IRL19780515	Island Wheelers	21:46	23:16	24:15	23:33	01:32:50
Masters M30	12	7674	O'TOOLE, Darren	IRL19850622	Bray Wheelers	21:57	23:44	23:49	24:30	01:34:00
Masters M30	13	7740	MOLONY, Enda	IRL19790704	Northwest MTB	21:57	24:06	24:53	24:27	01:35:23
Masters M30	14	7733	MULLEN, Colm	IRL19811019	Team WORC	22:40	22:20	26:33	23:51	01:35:24
Masters M30	15	7738	O'NEILL, David	IRL19790218	McNally Swords CC	23:24	23:37	24:31	25:04	01:36:36
Masters M30	16	7752	O'TOOLE, Redmond	IRL19770806	Team WORC	22:08	24:24	24:52	26:48	01:38:12
Masters M30	17	7736	MALONEY, Darragh	IRL19830303	Summit Mountain Biking	23:38	25:25	26:29		01:15:32

Masters M30	18	7732	MCELWEE, Brian	IRL19811108	Racing 795	24:02	25:21	26:16	01:15:39
Masters M30	19	7751	HAMILTON, Paul	IRL19771112	PLUSHmtb	24:19	25:30	26:34	01:16:23
Masters M30	20	7729	FINNEGAN, Adrian	IRL19831006	Phoenix CC	24:00	25:28	26:55	01:16:23
Masters M30	21	7747	CLARKE, Michael	IRL19790928	Shimna Wheelers Cycling Club	23:59	26:24	26:48	01:17:11
Masters M30	22	7757	GALLERY, Thomas	IRL19810430	MTB Assoc of Dublin	26:19	27:36	28:33	-1 lap
Masters M30	23	7748	KEEGAN, Nick	IRL19771012	Fixx Rouleurs	24:41	27:09	31:02	-1 lap

Category	Pos.	No	Name	UCI Number	Rider Club	Lap 1	Lap 2	Lap 3	Lap 4	Overall
Masters M40	1	7814	SEYMOUR, Robin	IRL19710406	Team WORC	18:57	19:45	19:42	19:25	01:17:49
Masters M40	2	7784	STEELE, Brian	IRL19720424	Shimna Wheelers Cycling Club	19:46	20:45	21:06	21:10	01:22:47
Masters M40	3	7802	DORIS, John	IRL19671211	EPIC MTB / Expert Cycles	20:13	20:45	21:06	21:43	01:23:47
Masters M40	4	7795	SHEILS, Gary	IRL19730119	Newry Wheelers CC	20:12	20:56	21:47	21:40	01:24:35
Masters M40	5	7804	HARVEY, Mark	IRL19740809	Xmtb McConvey Cycles	20:39	21:24	21:38	22:04	01:25:45
Masters M40	6	7708	FITZSIMON, Vinnie	IRL19690615	Team WORC	20:58	21:23	21:48	22:55	01:27:04
Masters M40	7	7806	MCGAULEY, Mark	IRL19750611	Scott Eurocycles.com	21:01	21:52	22:12	22:01	01:27:06
Masters M40	8	7797	MCCABE, Gerry	IRL19670405	Cuchulainn CC	21:06	21:51	22:17	22:44	01:27:58
Masters M40	9	7780	DOHERTY, Brendan	IRL19690616	VC Glendale	20:20	21:44	22:44	23:13	01:28:01
Masters M40	10	7811	SANTINI, Patrick	IRL19751103	IMBRC	21:31	22:24	22:43	22:50	01:29:28
Masters M40	11	7783	O'NEILL, Brian	IRL19760729	EPIC MTB / Expert Cycles	21:35	22:29	23:30	24:00	01:31:34
Masters M40	12	7818	MAITLAND, Scott	IRL19740912	Killinchy Cycling Club	23:51	22:31	23:12	22:53	01:32:27
Masters M40	13	7809	QUINLAN, Niall	IRL19711009	EPIC MTB / Expert Cycles	22:12	23:10	23:56	24:20	01:33:38
Masters M40	14	7800	O'LEARY, Joe	IRL19740614	Killarney Cycling Club	23:50	24:21	24:39	24:12	01:37:02
Masters M40	15	7807	BRADLEY, Martin	IRL19700701	Carn Wheelers	23:01	24:42	24:48	25:34	01:38:05
Masters M40	16	7796	BYRNE, Ger	IRL19690614	Team WORC	23:06	24:07	25:39	25:58	01:38:50
Masters M40	17	7776	LAYHE, Andrew	IRL19710829	Trail Demons CC	23:09	25:55	24:47	25:54	01:39:45
Masters M40	18	7812	COWAN, Richard	IRL19760404	Dromara Cycling Club	23:04	24:32	26:15	26:40	01:40:31
Masters M40	19	7787	PATTISON, Colm	IRL19751218	EPIC MTB / Expert Cycles	23:55	25:19	26:12	25:47	01:41:13
Masters M40	20	7785	WILSON, Brian	IRL19700202	Dromara Cycling Club	24:10	25:33	26:06	25:31	01:41:20
Masters M40	21	7821	GARVEY, Shane	IRL19741111	Cuchulainn CC	25:22	27:11	28:05	22:57	01:43:35
Masters M40	22	7793	MCCANN, Fergus	IRL19670703	Cuchulainn CC	24:01	25:56	26:46	27:02	01:43:45
Masters M40	23	7709	BYRNE, Wayne	IRL19710216	South-East Road Club	23:53	25:10	26:51	28:25	01:44:19
Masters M40	24	7798	ROBERTS, Gordon	IRL19690718	Xmtb McConvey Cycles	23:59	25:15	26:52	28:44	01:44:50
Masters M40	25	7817	DEVOY, Ruairí	IRL19750802	EPIC MTB / Expert Cycles	23:50	25:07	26:37	29:19	01:44:53
Masters M40	26	7825	BARNES, Tony	IRL19730726	South-East Road Club	23:43	25:47	27:27	28:15	01:45:12
Masters M40	27	7777	MCGIBBON, Andrew	IRL19720210	Trail Demons CC	23:08	25:04	27:25	31:51	01:47:28
Masters M40	28	7820	DALY, Sean	IRL19690911	Cuchulainn CC	25:09	25:49	26:35		-1 lap
Masters M40	29	7805	KENNY, Mark	IRL19680810	Rocky Mountain	25:11	27:18	27:26		-1 lap
Masters M40	30	7775	BOOTH, Adrian	IRL19760105	Dromara Cycling Club	26:16	27:18	28:15		-1 lap

Masters M40	31	7788	DOYLE, Damien	IRL19730119	Carn Wheelers	26:02	28:15	30:06	-1 lap
Masters M40	32	7815	CAMPBELL, Ronan	IRL19680709	Xmtb McConvey Cycles	26:34	29:19	30:49	-1 lap
Masters M40	33	7789	MCGANN, Darren	IRL19740126	West Coast Wheelers	30:13	29:40	32:28	-1 lap
Masters M40	34	7794	SKELLY, Gareth	IRL19700415	Carn Wheelers	30:07	31:09	31:59	-1 lap
Masters M40	35	7781	MCCARTHY, Brian	IRL19710209	MBCC	29:04	32:24	33:19	-1 lap
Masters M40	36	7803	CROMIE, Marcus	IRL19711208	Shimna Wheelers Cycling Club	29:20	32:16	33:22	-1 lap
Masters M40	DNF	7779	CONVERY, Barry	IRL19750103	Newry Wheelers CC	22:04	24:55		
Masters M40	DNF	7816	WALSH, Rory	IRL19720725	Scott Eurocycles.com	22:13			
Masters M40	DNF	7808	DARDIS, Michael	IRL19690405	EPIC MTB / Expert Cycles	22:17	23:33	24:49	
Masters M40	DNF	7790	CARROLL, David	IRL19710225	South Dublin CC				
Masters M40	DNF	7792	KILKENNY, Fergal	IRL19700621	MTB Assoc of Dublin				

Category	Pos.	No	Name	UCI Number	Rider Club	Lap 1	Lap 2	Lap 3	Overall
Masters M50	1	7710	MCDONALD, Aiden	IRL19650707	Cuchulainn CC	20:56	20:51	19:50	01:01:37
Masters M50	2	7720	BUGGLE, Peter	IRL19620505	Rocky Mountain	20:51	20:55	20:00	01:01:46
Masters M50	3	7718	JORDAN, Michael	IRL19650318	Team Cycle SuperStore	20:57	21:59	22:11	01:05:07
Masters M50	4	7721	MCCONVILLE, Peter	IRL19651010	Newry Wheelers CC	21:11	22:11	22:12	01:05:34
Masters M50	5	7716	MCCABE, Johnny	IRL19590608	Cuchulainn CC	21:30	22:40	22:51	01:07:01
Masters M50	6	7713	MCCONVEY, Eamon	IRL19591026	Xmtb McConvey Cycles	23:04	24:40	24:21	01:12:05
Masters M50	7	7712	MCCABE, Declan	IRL19570317	Cuchulainn CC	23:54	25:23	25:58	01:15:15
Masters M50	8	7715	CANTILLON, John	IRL19660319	EPIC MTB / Expert Cycles	23:25	25:27	26:44	01:15:36
Masters M50	9	7717	MURPHY, Mark	IRL19650708	Bray Wheelers	25:12	26:28	27:24	01:19:04
Masters M50	10	7722	DAVISON, Robert	IRL19640910	Dromara Cycling Club	25:19	28:35	27:33	01:21:27
Masters M50	DNF	7711	SMITH, Dave	IRL19660612	Square Wheels				

Category	Pos.	No	Name	UCI Number	Rider Club	Lap 1	Lap 2	Lap 3	Overall
Under 16 Boys	1		MCGARR, Adam	IRL20010109	Biking.ie	20:08	21:01	21:29	01:02:38
Under 16 Boys	2		HARVEY, Lee	IRL20011130	Xmtb McConvey Cycles	20:08	21:01	21:30	01:02:39
Under 16 Boys	3		MCCARTHY, Craig	IRL20000705	Xmtb McConvey Cycles	20:46	23:12	23:25	01:07:23
Under 16 Boys	4		ARMSTRONG, Drew	IRL20010806	Killinchy Cycling Club	21:10	23:21	23:51	01:08:22
Under 16 Boys	5		BYRNE, Harry	IRL20010302	EPIC MTB / Expert Cycles	22:01	25:34	27:00	01:14:35
Under 16 Boys	DQ		MURPHY, Jack	IRL20000316	Killarney Cycling Club	22:25	20:44	22:07	01:05:16

Category	Pos.	No	Name	UCI Number	Rider Club	Lap 1	Lap 2	Lap 3	Overall
Under 16 Girls	1		GILLESPIE, Lara	IRL20010421	Scott - Orwell Wheelers	26:23	27:45	28:08	01:22:16
Under 16 Girls	2		DRAPER, Amanda	IRL20010726	MBCC	30:48	33:13		-1 lap

Under 16 Girls	3	CONROY, Orla	IRL20000328	Bray Wheelers	30:54	33:13			-1 lap
Under 16 Girls	4	MCGIBBON, Summer	IRL20010520	Trail Demons CC	31:10	39:03			-1 lap

Category	Pos.	No	Name	UCI Number	Rider Club	Lap 1	Lap 2	Lap 3	Overall
Under 14 Boys	1		HARVEY, Dean	IRL20030315	Xmtb McConvey Cycles	12:35	12:21	12:51	00:37:47
Under 14 Boys	2		RAFFERTY, Darren	IRL20030701	Island Wheelers	12:35	12:49	13:25	00:38:49
Under 14 Boys	3		WILSON, Ben	IRL20021211	Dromara Cycling Club	12:35	13:15	13:48	00:39:38
Under 14 Boys	4		DESMOND, Fionn	IRL20030923	MBCC	12:41	13:24	13:37	00:39:42
Under 14 Boys	5		O'SULLIVAN, Shane	IRL20020726	Kilmallock Cycling Club	13:12	14:00	14:30	00:41:42
Under 14 Boys	6		SKELLY, Ryan	IRL20030725	Carn Wheelers	13:45	15:14	15:06	00:44:05
Under 14 Boys	7		DESMOND, Donnacha	IRL20030923	MBCC	13:50	14:55	15:46	00:44:31
Under 14 Boys	8		BAIRD, Jack	IRL20020426	Banbridge CC	14:26	15:06	15:02	00:44:34
Under 14 Boys	9		BULLER, James	IRL20021008	Banbridge CC	14:01	15:30	15:17	00:44:48
Under 14 Boys	10		MCCARTHY, David	IRL20031122	MBCC	15:20	15:42	15:46	00:46:48
Under 14 Boys	11		MCCONVEY, Daragh	IRL20020930	Cuchulainn CC	14:32	16:02	16:12	00:46:46
Under 14 Boys	12		MURPHY, Evan	IRL20021004	Killarney Cycling Club	15:26	16:56	16:05	00:48:27
Under 14 Boys	13		CAMPBELL, James	IRL20030621	Xmtb McConvey Cycles	15:51	17:25	16:51	00:50:07
Under 14 Boys	14		JEFFERS, Ethan	IRL20020330	Trail Demons CC	17:58	22:47		-1 lap
Under 14 Boys	DNF		BLANTON, Lewis	IRL20020622	Trail Demons CC	15:46			
Under 14 Boys	DNF		FINNERTY, Aaron	IRL20030313	Ballina Cycling Club	19:31			

Category	Pos.	No	Name	UCI Number	Rider Club	Lap 1	Lap 2	Lap 3	Overall
Under 14 Girls	1		MAY, Caoimhe	IRL20030404	Un-Attached Leinster	15:23	16:15	16:49	00:48:27
Under 14 Girls	2		KELSO, Ellie	IRL20021130	East Tyrone Cycling Club	15:50	17:09	17:08	00:50:07
Under 14 Girls	3		NEILL, Katie	IRL20031103	Carn Wheelers	16:38	17:13	17:59	00:51:50
Under 14 Girls	4		DRAPER, Miriam	IRL20021014	MBCC	16:50	17:03	18:01	00:51:54
Under 14 Girls	5		HARKNESS, Darcey	IRL20020710	Carn Wheelers	17:10	19:09	20:12	00:56:31
Under 14 Girls	6		ROCHE, Stephanie	IRL20020831	Acorn Road Club	19:31	19:20		-1 lap
Under 14 Girls	7		MCALLISTER, Maria	IRL20030609	Island Wheelers	19:27	19:45		-1 lap
Under 14 Girls	DNF		BRENNAN, Eva	IRL20020823	Deenside Wheelers				

Category	Pos.	No	Name	UCI Number	Rider Club	Lap 1	Lap 2	Lap 3	Overall
Under 12 Boys	1		Scott, ROBERTS	IRL20040623	Xmtb McConvey Cycles	0:04:38	0:08:45	0:12:53	13:25
Under 12 Boys	2		Brendan, CONROY	IRL20041217	EPIC MTB / Expert Cycles	0:04:49	0:08:54	0:13:03	13:38
Under 12 Boys	3		Shane, SCULLION	IRL20050301	Island Wheelers	0:05:05	0:09:18	0:13:15	14:08
Under 12 Boys	4		Travis, HARKNESS	IRL20050127	Carn Wheelers	0:05:01	0:09:00	0:13:40	14:18

Under 12 Boys	5	Oisin, FERRITY	IRL20051101	Island Wheelers	0:05:11	0:09:40	0:14:12	14:47
Under 12 Boys	6	Adam, RAFFERTY	IRL20051004	Island Wheelers	0:05:19	0:09:45	0:14:17	14:54
Under 12 Boys	7	Eoin, CARTHY	IRL20040404	Cuchulainn CC	0:06:01	0:11:11	0:16:31	17:14
Under 12 Boys	8	Daniel, DRAPER	IRL20040801	MBCC	0:06:08	0:11:24	0:16:40	17:18
Under 12 Boys	9	Andrew, CROSKERY	IRL20050607	Killinchy Cycling Club	0:07:18	0:13:10		-1 lap
Under 12 Boys	10	Lance, ABRAHAM	IRL20051229	Trail Demons CC	0:07:22	0:13:20		-1 lap
Under 12 Boys	11	Sam, BAIRD	IRL20040115	Banbridge CC	0:07:23	0:13:30		-1 lap
Under 12 Boys	DNF	Curtis, NEILL	IRL20051011	Carn Wheelers	0:07:11			

Category	Pos.	No	Name	UCI Number	Rider Club	Lap 1	Lap 2	Lap 3	Overall
Under 12 Girls	1		Aine, DOHERTY	IRL20060331	VC Glendale	0:05:31	0:10:13	0:15:12	15:53
Under 12 Girls	2		Hannah, MULLIN	IRL20051214	Trail Demons CC	0:06:07	0:11:23	0:16:39	17:21
Under 12 Girls	3		Lily, MCGIBBON	IRL20040516	Trail Demons CC	0:06:24	0:11:45	0:17:06	17:46
Under 12 Girls	4		Annie, ROCHE	IRL20040423	Acorn Road Club	0:06:50	0:12:38	0:18:58	19:43

Any queries about the results please contact Martin Grimley (martin@ulsterxc.com)