

Irish National Enduro Championships 2022 Technical Guide (v1.1)

This is the technical guide to the 2022 Irish National Enduro Championships which will be hosted by ChainReactionCycles at Ravensdale, County Louth.





Contents

<u>1.1</u>	Race date1
<u>1.2</u>	Venue location1
<u>1.3</u>	Class of the race1
<u>1.4</u>	Organiser's contact information1
<u>1.5</u>	Categories of riders (+ minimum numbers)1
<u>1.6</u>	Licence information2
<u>1.7</u>	Pre-entry information2
<u>1.8</u>	Rider fees2
<u>1.9</u>	EWS Qualifier2
<u>1.10</u>	Non-championship races3
<u>1.11</u>	<u>Prize list / Points scale3</u>
<u>1.12</u>	Specific specifications for this event4
<u>1.13</u>	Time slots4
<u>1.14</u>	Commissaire list4
<u>1.15</u>	<u>Clothing4</u>
<u>1.16</u>	<u>Podium4</u>
<u>1.17</u>	Anti-doping4
<u>1.18</u>	<u>Equipment5</u>
<u>1.19</u>	<u>SIAC5</u>
<u>1.20</u>	Race format5
<u>1.21</u>	E-bike stage5
<u>1.22</u>	Race schedule (including practice times)6
<u>1.23</u>	Opening times to venue6
<u>1.24</u>	Locations of registration and opening times7
<u>1.25</u>	Race numbers7
<u>1.26</u>	Race timing7
<u>1.27</u>	Press/media information7
<u>1.28</u>	Parking arrangements7
1.29	Bike wash facilities7

<u>1.30</u>	Spectator access and information7
<u>1.31</u>	Crossing points7
<u>1.32</u>	Transport links7
1.33	Accommodation links8
1.34	Event Sponsors8
<u>1.35</u>	Catering arrangements8
<u>1.36</u>	Toilets, showers8
1.37	First aid location8
<u>1.38</u>	Nearest hospitals8
<u>1.39</u>	Emergency evacuation location8
<u>1.40</u>	Litter – use of bins8
<u>1.41</u>	Map of the course8
<u>1.42</u>	And finally9

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1.1 Race date

The race will take place on 16/17 July 2022.

1.2 Venue location

Directions: Ravensdale

Parking/Race village: Rosewood Country club, Newry Road, Ravensdale Click here to view in google maps – <u>https://goo.gl/maps/KhivJ6zFF8QByZxP9</u> Co-ordinates: 54.058730, -6.353903

1.3 Class of the race

National Championship.

1.4 Organiser's contact information

Glyn O'Brien Telephone (UK) 07834 239070 Email address: glynobrien88@hotmail.com

1.5 Categories of riders (+ minimum numbers)

National Championship Categories are shown in the table below. Note the minimum number of entries required for each category. If the minimum number of entries is not reached for a particular category then that race category will not take place on the day.

Category of licence held	Year of birth	Minimum number
Senior men	1993-2001	12
	(1973-1992)	
Women 14+	1940-2008	6
M30 men	1983-1992	12
M40 men	1973-1982	12
M50 men	1940-1972	6
U21 men (17-20)	2002-2005	6
Junior men (14-16)	2006-2008	N/A

• See Cycling Ireland Technical rules T10.1.11

Also at the event will be the following non-championship categories

Category of licence held	Year of birth
Open	1940-2004
E-bike	1940-2004
Challenger (3 stages)	1940-2004
Youth (12-13)	2009
Youth (12-13)	2010 #

provided the rider has passed an enduro assessment

1.6 Licence information

Riders participating in the <u>national championship categories</u> must have "IRELAND" on their licence.

Cycling Ireland licence holders

Cycling Ireland riders must hold a 2022 race licence either a Limited Competition (LC) or Full Competition (U12, U14, U16, JR, A4, A3, A2, A1, A+).

Non-Cycling Ireland licence holders

For non-Cycling Ireland licence holders, please ensure you have a 2022 race licence from another UCI Affiliated National Federation. Email a copy of your licence to secretary@offroadcyclingireland.ie before pre-entry closes. You will need a Foreign Rider number to use the Eventmaster system. NOTE: For British Cycling licence holders, you will need to have the Gold level membership to get a Foreign Rider number.

1.7 Pre-entry information

Pre-entry is run through the Cycling Ireland EventMaster.ie system which closes at 23:59 on Sunday 10 July 2022. Link here – https://eventmaster.ie/event/ob1xuk3tLm

1.8 Rider fees

Senior riders - £52.50 Youth riders - £42.50

1.9 EWS Qualifier

This event is doubling up as a round of the EWS qualifiers. Riders are asked to enter their EWS number when registering.

1.10 Non-championship races

For the non-championship categories, riders can obtain an event race licence. These categories are also open to riders who do not have "IRELAND" on their licence. <u>https://eventmaster.ie/event/W9Bjc65i0j</u>

1.11 Prize list / Points scale

Championship medals will be awarded for top 3 riders in each of the 7 categories (See Cycling Ireland Technical rules T10.1.14 in respect of number of starters in respect to the number of entries required)

Senior men
Women (14+)
U21 men (17-20)
Junior men (14-16)
M30 men
M40 men
M50 men

A National Jersey will be presented to the winner of the Senior men, U21 men, Women, Junior men, M30 men, M40 men and M50 men categories - providing the rider and race meets the criteria set out in the Cycling Ireland Technical rules T10.1.15 (see below).

15. A National Champion's Jersey or Skinsuit will be presented to all National Champions, however no rider may be awarded more than one such jersey in any year.
No jersey will be awarded to the winner of a Championship where the number of starters are as described in table T10 A1.14 above.
The National Champions jersey will have the Cycling Ireland logo and name inscribed in an area not exceeding 64 square cms. on the left breast.

The jersey must not be covered during the presentation ceremony.

The host club will supply prizes for the top 3 riders in the Ebike category and the top 3 males in the Open category and the top 3 females in the Open category.

Ebike
Open male
Open female
Challenger (3 stage) male
Challenger (3 stage) female

1.12 Specific specifications for this event

The event is being run under Cycling Ireland rules. The technical rules can be found on <u>http://www.cyclingireland.ie/page/events/technical-rules3/technical-rules</u>. There are no specific specifications for this event.

1.13 Time slots

When registering, riders need to select a starting time slot for Sunday. Time slots start from 9:00 am with a maximum of 10 riders starting at each time slot. Timeslots are every 5 minutes (09:00, 09:05, 09:10 etc.) Riders are asked to be at the starting point 10 minutes before their start time to collect their timing chip.

1.14 Commissaire list

The race will be under the control of the Chief Commissaire Martin Grimley. (+44 7899913865 – <u>secretary@offroadcyclingireland.ie</u>). He will be working with other commissaires. Riders are asked to show respect to the commissaires and all personnel involved with the event.

1.15 Clothing

Riders must wear their official club kit or a plain kit. This includes on the podium. (See Cycling Ireland Technical rules Article.1.1 and Appendix 4 Reg 3)

1.16 Podium

The podium presentations will take place on Sunday 17 July 2022 at 4.30 pm. The first three of every category have to present themselves for the award ceremony right after the arrival of the last rider in their race. The ceremony should not take more than 10 minutes (see clothing note above). Bicycles cannot be taken onto the podium.

1.17 Anti-doping

It is the responsibility of all riders to ensure that they are not required for Drug Testing. If Drug Testing is to take place, their set-up will be clearly marked on the day. More details about Anti-doping can be found on the Cycling Ireland website (here).

1.18 Equipment

- The bicycle must meet UCI standards
- The use of radio links or other remote means of communication with riders is forbidden.
- The use of tyres fitted with metal spikes or screws is not permitted.
- During MTB races no traditional road handlebars may be used.
- The handlebars extensions of a triathlon or time trial type are forbidden, but traditional bar-ends are authorized.
- Bar plugs are compulsory.
- Bicycle shall be propelled solely through a chain set, by the legs moving in a circular movement, without electric or other assistance except for the e-bike category.
- It is compulsory to wear a protective helmet when racing or training on the course and such helmet must comply with the required safety standards. This includes during stage transitions.

1.19 SIAC

For riders who have their own Sportident Active Timing Card (SIAC), there is a box on the Eventmaster.ie registration page to enter the details of the card number.

1.20 Race format

We are back to the normal race format with practice on Saturday and race on Sunday. On Sunday riders will only be allowed one run on each stage. Youth riders will only complete 3 stages. All other riders will complete 5 stages.

1.21 E-bike stage

For those racing the e-bike category, there will be an additional stage to complete - 6 in total. All e-bikes must be pedal assisted and must not exceed 25 kilometres per hour.

1.22 Race schedule (including practice times)

Saturday 16 July 2022

Fr	rom	Event	Until
09	9:00	Registration open to collect number boards	13:00
10	00:0	All stages open for practice	17:00

Sunday 17 July 2022

From	Event	Until
09:00	Riders starting as per their time slot	12:30
	Riders get 4.5 hrs to complete stages, return	
	to race headquarters & hand timing chip in	
	Under 21 & Senior Championship riders 4hrs	
16:30	Prize giving	

1.23 Opening times to venue

The venue will be open from 8:30am on Saturday 16th July 2022 and from 8:00 am on Sunday 17 July 2022.

NOTE: There will be a practice ban for the site from Friday 8th July 2022 starting at 10:00 pm. Penalties apply.

1.24 Locations of registration and opening times

The sign on will take place at Rosewood Country Club, Ravensdale.

1.25 Race numbers

Race numbers will be supplied by the organiser and should be placed securely onto the handlebars in a way which makes it clear for timekeepers to read. **Riders must not cut, fold or mutilate race numbers.** Numbers must be placed on bike for practice and racing.

1.26 Race timing

Riders will be timed using Sportident.

1.27 Press/media information

An area will be set aside in the sign on area for press/media.

1.28 Parking arrangements

Parking will be at the Rosewood Country club. Please co-operate with the car park marshals.

1.29 Bike wash facilities

There are no bike wash facilities on site.

1.30 Spectator access and information

Spectators will be allowed to stand outside the course along any point. A course map will be available on the day. It is recommended that all spectators wear appropriate clothing and footwear.

1.31 Crossing points

All spectators are asked to obey instructions from the marshals.

1.32 Transport links

For bus & rail links to Louth see Bus Eireann website.

1.33 Accommodation links

The property owners are allowing limited camping on site. Campers are asked to keep the site clean, no fires are allowed and there should be no noise after 10 pm. Other accommodation options are available in and around the area.

1.34 Event Sponsors

The event is sponsored by Vitus Bikes.

1.35 Catering arrangements

The Rosewood Country club will be offering hot food, tea & coffee all weekend.

1.36 Toilets, showers

Toilet facilities are on site but there are no shower facilities.

1.37 First aid location

The ambulance(s) will be parked near the registration and catering area.

1.38 Nearest hospitals

Our Lady of Lourdes Drogheda <u>https://goo.gl/maps/4CaUvxXZPWz3wXtPA</u> Daisy Hill Hospital Newry <u>https://goo.gl/maps/qyDSzYEJuiCmcUyt7</u>

1.39 Emergency evacuation location

In the event of an emergency all riders, spectators and organisers should gather at the registration area and await further instruction.

1.40 Litter – use of bins

Riders and spectators are asked to use the bins provided on site or to take their rubbish home. Do NOT leave any rubbish. In fact if you see any please take it home.

1.41 Map of the course

Will be available at registration.

1.42 And finally

PLEASE RESPECT THE LOCALS & TRAILS IN RAVENSDALE!!

- * Be nice to walkers and other forest users (even on trails)
- * DO NOT alter trails in any way.
- * RESPECT the trail fairies. Stop and high 5 them!

* If parking at the Rosewood DO NOT leave a pile of mud beside your van!! Also grab a bite to eat or a drink before leaving.