

Provincial Cyclo-cross Championships – Event Specification Document (v2.0)

This document has been created by the Cycling Ireland Off-road Commission to support host clubs running the cyclo-cross championships in Connacht, Leinster, Munster and Ulster. The championships would normally take place on the first or second Sunday in December and would be co-ordinated so that they all run on the same day.

Event approval / Registration

All events must be registered on the Cycling Ireland portal. The dates will then be approved by the Off-road Commission. Once approved the event risk assessment must be uploaded. Once the risk assessment is approved the event registration page can be set up. All event registrations will be run using the Eventmaster.ie. The commission can help with the setup of race categories.

Race categories

The following table provides a list of race categories for the provincial championships.

NOTE 1: There is no minimum entry number required.

NOTE 2: The age of the rider is based on 1st January of the following year. For riders turning 40 in the following year, their race category is M40. For riders turning 50 in the following year, their race category is M50. For riders turning 60 in the following year, their race category is M60.

NOTE 3: There are no entries allowed on the day in any category

REQUIRED CATEGORIES

- Under 14s (boys and girls), Under 16s (boys and girls)
- Junior men, Senior men, M40 men, M50 men, M60 men
- Junior women, Senior women, Masters women

OPTIONAL NON-CHAMPIONSHIP RACES

Under 6s fun race, Under 8 (boys and girls), Under 10 (boys and girls), and Under 12 (boys and girls).

Awards / prizes / eligibility

Provincial championship medals should be provided for the following categories. The medals can be sourced from the provincial executive or by the host club. There should be gold, silver and bronze medals for the categories below. NOTE: No cash prizes to be given out at the championships.

MALE	FEMALE	YOUTH
Top 3 Junior men	Top 3 Junior women	Top 3 Under 14 males
Top 3 Senior men	Top 3 Senior women	Top 3 Under 14 females
Top 3 M40 men	Top 3 Masters women (40+)	Top 3 Under 16 males
Top 3 M50 men		Top 3 Under 16 females
Top 3 M60 men		

TEAM PRIZE – There must be at least 3 teams of at least 3 riders from the same club to qualify for a team prize in each category. Potential team prize categories:-

Team prize (Senior men's race)

Team prize (M40 men's race)

Team prize (Women's race)

The team prize is calculated by adding up the positions of the top 3 riders. The team with the lowest number wins the team prize e.g. Team Muddy from the table below. Only one set of 3 gold medals are given out to the top team.

Club/team	Finish position Rider 1	Finish position Rider 2	Finish position Rider 3	Total
Team Muddy	2	7	15	24
CX Heroes	4	9	14	27
Sloggers Cycling Club	1	6	23	30

If the non-championship races (U6 to U12) are being included then the host club should supply goodie bags for all competitors as well as club medals for the top 3 in U8, U10 and U12 (boys and girls).

Eligibility for medals

The provincial championships is an open event however there are conditions on receiving medals. Championship medals will only be awarded to riders who satisfy the following criteria

- (a) Belonging to a club / team based in the Province;
- (b) Unattached and resident in the Province;
- (c) Residency in the Province;
- (d) Belonging to a club / team based outside Ireland but,
 - 1) Immediate past address was in the Province or
 - 2) Most previous Irish club / team was based in the Province.

Commissaires

The event should have at least two commissaires – one for the start/finish and one for the pit area.

Gridding

The gridding for the provincial championships would be based on the following.

- Last year's winner (provided it is in the same category)
- Those with UCI points (Juniors and Seniors only)
- Provincial league (if available).

Alternatively you draw lots or just leave it to riders to get to the start line

Equipment

Cyclo-cross style bikes only for the following categories

- Junior men, Senior men, M40 men, M50, M60 men
- Junior women, Senior women, Masters women

Tyre width check

For Juniors, Seniors and Masters there will be a check on tyre width (max 33 mm).

Event schedule

Below are examples of race schedules where non-championship races are included and where non-championship races are excluded.

Note 1: Junior Women, Senior Women and Masters Women all start together but there are three separate podiums for the top 3 in each sub-category.

Note 2: registration on the day closes 15 minutes before the start of each race.

With non-championship categories included

Time	Event	Duration
09:00	Registration opens	
09:00-11:30	Main course practice	2h 30m
09:00-09:50	Youth course practice (U6, U8, U10, U12)	50m
10:00	Under 6s race	2m
10:15	Under 8s race	5m
10:30	Under 10s race	10m
10:50	Under 12s race	15-20m
11:10	Prize giving for U8, U10, U12	10m
11:10	Full course practice	20m
11:30	Call up for Junior men, Women, U14s and U16s	10m
11:40	Race start for Junior men, Women, U14 and U16 (1)	U14, U16 - 30m Women - 40m JM - 40m
12:35	Prize giving for Junior men, Women, U14 and U16	10m
12:35	Full course practice	15m
12:50	Call up for M50, M60 (2)	10m
13:00	Race start for M50, M60	50m
14:00	Prize giving for M50, M60	10m
14:00	Full course practice	20m
14:20	Call up for Senior men, M40 (3)	10m
14:30	Race start for Senior men, M40	55m
15:40	Prize giving for Senior men, M40	10m

(1) Starting order: Junior men, U16 boys, U14 boys, Women, U16 girls, U14 girls

(2) Starting order: M50, M60

(3) Starting order: Senior men, M40 men

(gap between race starts based on number of riders – a few seconds for very small numbers to 1 minute for larger fields)

Without non-championship categories

Time	Event	Duration
09:00	Registration opens	
09:00	Course practice	50m
09:50	Call up for U14 and U16	
10:00	Race start for U14 and U16 (4)	30m
10:40	Prize giving for U14 and U16	10m
10:40	Course practice	20m
11:00	Call up for Junior men and Women	10m
11:10	Race start for Junior men, Women	40m
11:50	Prize giving for Junior men, Women	10m
11:50	Full course practice	30m
12:20	Call up for M50, M60 (5)	10m
12:30	Race start for M50, M60	45m
13:30	Prize giving for M50, M60	10m
13:30	Full course practice	20m
13:50	Call up for Senior men, M40 (6)	10m
14:00	Race start for Senior men, M40	55m
15:10	Prize giving for Senior men, M40	10m

- (4) Starting order: U16 boys, U14 boys, U16 girls, U14 girls
- (5) Starting order: M50, M60
- (6) Starting order: Senior men, M40

Results

The results from the provincial championships are used to grid the national championships. Therefore we need to have full results for all the championship categories separated by their race category. The results should provide the names of all riders and the total number of riders in that category. The link to results should be sent to cyclocross@offroadcyclingireland.ie